

# April/May 2023 - MENU

	Week 1 w/c 17 <sup>th</sup> April	Week 2 w/c 24 <sup>th</sup> April	Week 3 w/c 1 <sup>st</sup> May	Week 4 w/c 8 <sup>th</sup> May	Week 5 w/c 15 <sup>th</sup> May	Week 6 w/c 22 <sup>nd</sup> May
MONDAY						
Main	Chicken Nuggets	Oven Baked Sausages	Bank Holiday	Bank Holiday	Chicken Burgers	Oven Baked Sausages
Vegetarian	Veggie Fajita & Tortilla Wraps	Cauliflower & Broccoli Bake			Veggie Fajita & Tortilla Wraps	Cauliflower & Broccoli Bake
Sides	Wedges & Hoops	Wedges & Hoops			Wedges & Hoops	Wedges & Hoops
Dessert	Angel Delight	Angel Delight			Angel Delight	Angel Delight
TUESDAY						
Main	50/50 Pasta Bolognese	Chicken Tikka Masala	Chicken Nuggets	Sausage Rolls	Big Breakfast	50/50 Pasta & Meatballs in Tomato Sauce
Vegetarian	5 Bean Chilli & Rice	Veggie Cottage Pie, Vegetables	50/50 Pasta Veggie Bolognese & Salad	Cauliflower & Broccoli Bake	Veggie Big Breakfast	Five bean Chilli, Rice & Naan Bread
Sides	Vegetables	Rice & Naan Bread	Curly Fries & Beans	Wedges & Hoops	Roasted Tomato, Beans & Hash Browns	Vegetables
Dessert	Fruit Cake	Pear Sponge	Angel Delight	Angel Delight	Pear Sponge	Cocoa Beetroot Brownie
WEDNESDAY						
Main	Roast Ham	Roast Pork	Roast Ham	Roast Pork	Roast Beef	Roast Pork
Vegetarian	Veggie Burger or Veggie Sausage	Veggie Burger or Veggie Sausage	Veggie Burger or Veggie sausage	Veggie Burger or Veggie sausage	Veggie Burger or Veggie sausage	Veggie Burger or Veggie sausage
Sides	Roast Potatoes & Yorkshire Pudding	Roast Potatoes & Yorkshire Pudding	Roast Potatoes & Yorkshire Pudding	Roast Potatoes & Yorkshire Pudding	Roast Potatoes & Yorkshire Pudding	Roast Potatoes & Yorkshire Pudding
Dessert	Jelly & Fruit	Jelly & Fruit	Jelly & Fruit	Jelly & Fruit	Jelly & Fruit	Jelly & Fruit
THURSDAY						
Main	Big Breakfast	50/50 Pasta & Meatballs in Tomato Sauce	Mild Beef Chilli	50/50 Pasta Bolognese	Chicken Tikka Masala	Chicken Korma
Vegetarian	Veggie Big Breakfast	Macaroni Cheese	Veggie Nuggets, Wedges & Beans	Cheese & Potato Pie	Veggie Tikka Masala	Veggie Nuggets, Wedges & Beans
Sides	Roasted Tomato, Hash Browns & Beans	Vegetables	Rice & Veg	Vegetables	Rice and Naan Bread	Rice & Naan Bread
Dessert	Fruit Salad	Ice Cream	Fruit Salad	Ice Cream	Fruit Salad	Ice Cream
FRIDAY						
Main	Fish Fingers	Fish Cakes	Battered White Fish or Mackerel Salad	Fish Fingers	Fish Cakes	Battered White Fish Or Mackerel Salad
Vegetarian	Veggie Pasta Bake	Pitta Bread Pizza	Veggie Pasta Bake	Pitta Bread Pizza	Veggie Pasta Bake	Pitta Bread Pizza
Sides	Skinny Fries & Vegetables	Chips & Beans	Skinny Fries & Vegetables	Curly Fries & Beans	Chips & Beans	Skinny Fries & Beans
Dessert	Cookie	Fruit Muffins	Cookie	Fruit Muffins	Cookie	Fruit Muffins

*All orders must be placed and paid for by the Wednesday of the week before you require them using ParentPay, our online system.*

*All lunches cost £2.80 per day.*

Main meals are served with fresh, seasonal vegetables unless otherwise stated. Please note that although every effort has been made to remove bones from fish options, we cannot guarantee that the fish has no bones. On days when pasta and rice are served, this will be a mixture of plain and wholemeal pasta, or white and brown rice.

Jacket Potato with a green salad and a choice of topping are also available every day, with dessert, bookable in advance.

Fruit and Yogurt are available daily as alternative dessert options.

*Allergen Advice – can be found on the school website.*

Dairy free ice cream is available as an alternative to angel delight and dairy ice cream now. We also have a dairy free curry sauce available for our pupils with allergies.

Dairy, egg and gluten free cookies are available for children with allergies in place of any baked goods they are unable to have.

***Please note that all meals are subject to availability and may be changed at short notice.***