

January/February 2023- MENU

	Week 1 w/c 2 nd Jan	Week 2 w/c 9 th Jan	Week 3 w/c 16 th Jan	Week 4 w/c 23 rd Jan	Week 5 w/c 30 th Jan	Week 6 w/c 6 th Feb
MONDAY						
<i>Main</i>	BANK HOLIDAY	Oven Baked Sausages	Macaroni Cheese with Bacon	Sausage Rolls	Chicken Burgers	Oven Baked Sausages
<i>Vegetarian</i>		Cauliflower & Broccoli Bake	Veggie Fajita & Tortilla Wraps	Cauliflower & Broccoli Bake	Veggie Fajita & Tortilla Wraps	Cauliflower & Broccoli Bake
<i>Sides</i>		Wedges & Hoops	Vegetables	Wedges & Hoops	Wedges & Hoops	Wedges & Hoops
<i>Dessert</i>		Angel Delight	Ice Cream	Angel Delight	Angel Delight	Angel Delight
TUESDAY						
<i>Main</i>	Chicken Breast Nuggets	Chicken Tikka Masala	King Ina Fried Chicken	Chicken Korma	Big Breakfast	50/50 Pasta & Meatballs in Tomato Sauce
<i>Vegetarian</i>	Veggie Fajita & Tortilla Wraps	Veggie Cottage Pie, Vegetables	50/50 Pasta Veggie Bolognese & Salad	Five Bean Chilli	Veggie Big Breakfast	Five bean Chilli, Rice & Naan Bread
<i>Sides</i>	Wedges & Hoops	Rice & Naan Bread	Curly Fries & Beans	Rice & Naan Bread	Bread, Beans & Hash Browns	Vegetables
<i>Dessert</i>	Angel Delight	Pear Sponge	Cocoa Beetroot Brownie	Fruit Cake	Pear Sponge	Cocoa Beetroot Brownie
WEDNESDAY						
<i>Main</i>	Roast Ham	Roast Pork	Roast Ham	Roast Pork	Roast Beef	Roast Pork
<i>Vegetarian</i>	Veggie Burger or Veggie Sausage	Veggie Burger or Veggie Sausage	Veggie Burger or Veggie sausage	Veggie Burger or Veggie sausage	Veggie Burger or Veggie sausage	Veggie Burger or Veggie sausage
<i>Sides</i>	Roast Potatoes & Yorkshire Pudding	Roast Potatoes & Yorkshire Pudding	Roast Potatoes & Yorkshire Pudding	Roast Potatoes & Yorkshire Pudding	Roast Potatoes & Yorkshire Pudding	Roast Potatoes & Yorkshire Pudding
<i>Dessert</i>	Jelly & Fruit	Jelly & Fruit	Jelly & Fruit	Jelly & Fruit	Jelly & Fruit	Jelly & Fruit
THURSDAY						
<i>Main</i>	50/50 Pasta Bolognese	50/50 Pasta & Meatballs in Tomato Sauce	Mild Beef Chilli	50/50 Pasta Bolognese	Chicken Tikka Masala	Chicken Korma
<i>Vegetarian</i>	5 Bean Chilli, Rice & Naan Bread	Macaroni Cheese	Veggie Nuggets, Wedges & Beans	Cheese & Potato Pie	Veggie Tikka Masala	Veggie Nuggets, Wedges & Beans
<i>Sides</i>	Vegetables	Vegetables	Rice & Veg	Vegetables	Rice and Naan Bread	Rice & Naan Bread
<i>Dessert</i>	Fruit Salad	Ice Cream	Fruit Salad	Ice Cream	Fruit Salad	Ice Cream
FRIDAY						
<i>Main</i>	Fish Fingers	Fish Cakes	Battered White Fish or Mackerel Salad	Fish Fingers	Fish Cakes	INSET DAY
<i>Vegetarian</i>	Veggie Pasta Bake	Pitta Bread Pizza	Veggie Pasta Bake	Pitta Bread Pizza	Veggie Pasta Bake	
<i>Sides</i>	Skinny Fries & Vegetables	Chips & Beans	Skinny Fries & Vegetables	Curly Fries & Beans	Chips & Beans	
<i>Dessert</i>	Cookie	Fruit Muffins	Cookie	Fruit Muffins	Cookie	

All orders must be placed and paid for by the Wednesday of the week before you require them using ParentPay, our online system.

All lunches cost £2.80 per day.

Main meals are served with fresh, seasonal vegetables unless otherwise stated. Please note that although every effort has been made to remove bones from fish options, we cannot guarantee that the fish has no bones. On days when pasta and rice are served, this will be a mixture of plain and wholemeal pasta, or white and brown rice.

Jacket Potato with a green salad and a choice of topping are also available every day, with dessert, bookable in advance.

Fruit and Yogurt are available daily as alternative dessert options.

Allergen Advice – can be found on the school website.

Dairy free ice cream is available as an alternative to angel delight and dairy ice cream now. We also have a dairy free curry sauce available for our pupils with allergies.

Dairy, egg and gluten free cookies are available for children with allergies in place of any baked goods they are unable to have.

Please note that all meals are subject to availability and may be changed at short notice.