

AUTUMN MENU WEEK ONE

WEEKS COMMENCING: 1/9, 22/9, 13/10, 3/11, 24/11, 15/12

FRESH FRUIT AVAILABLE DAILY

MONDAY

TUESDAY

WEDNESDAY THURSDAY

Mild Chicken Curry

FRIDAY

MAIN TWO

JACKET **POTATO**

FOR UP-TO-DATE ALLERGEN INFORMATION

Devon Pork Sausage Hot Dog with Potato Balls and **Baked Beans**

Roast Vegetable

Quiche with Wedges

and Baked Beans

Jacket Potatoes

served daily with a selection of fillings

Custard Cookie

Devon Beef Bolognese with White and Wholewheat P<u>asta</u> and Sweetcorn

Vegetable Sausage Roll with Mashed Potato

and Sweetcorn

Jacket Potatoes

served daily with a

selection of fillings

Fruit Jelly and Fruit

Roast Devon Gammon and Gravy with Roast Potatoes, Carrots and Fine Green Beans

Mozzarella and Tomato

Pinwheel with Roast

Potatoes. Carrots

and Fine Green Beans

Jacket Potatoes

served daily with a

selection of fillings

Crispie Cake

with White and Wholegrain Rice, Naan Bread and **Indian Salad**

> Lentil and Vegetable Curry with White and Wholegrain Rice, Naan Bread and **Indian Salad**

Jacket Potatoes served daily with a selection of fillings

Fresh Fruit Platter

Fish Cake with **Chips and Peas**

Vegetable and Mixed Bean Lasagne with Chips and Peas

Jacket Potatoes served daily with a selection of fillings

Banana Mousse





AUTUMN MENU WEEK TWO

WEEKS COMMENCING: 8/9, 29/9, 20/10, 10/11, 1/12

FRESH FRUIT AVAILABLE DAIL

MONDAY

Macaroni Cheese

with Sweetcorn

Caribbean Vegetable

and Bean Jambalaya

with Sweetcorn

Jacket Potatoes

served daily with a selection of fillings

Lemon Drizzle Cake

TUESDAY

WEDNESDAY THURSDAY

FRIDAY

MAIN TWO

JACKET

FOR UP-TO-DATE ALLERGEN INFORMATION

Devon Beef Burrito with Potato Balls

Vegetable Pasta Ba<u>ke</u>

with Salad Sticks

Jacket Potatoes

served daily with a

selection of fillings

Strawberry

Puree Yoghurt

and Salad Sticks

Roast Turkey and Gravy with Roast Potatoes. Carrots and Cabbage

Yorkshire Pudding Cottage Pie with Roast Potatoes, Carrots and Cabbage

Jacket Potatoes served daily with a selection of fillings

Raspberry Muffin

Brunch: Devon Sausage, Bacon, Hash Brown Bites and Baked Beans

Vegetarian Brunch: Quorn Sausage, Hash Brown Bites. **Baked Beans and** Fresh Tomato

Jacket Potatoes served daily with a selection of fillings

Apple Cake

Fish Fingers or Salmon Fingers with Chips and Peas

Cheese and Bean Pasty with Chips and Peas

Jacket Potatoes served daily with a selection of fillings

Chocolate Wibble





AUTUMN MENU WEEK THREE

WEEKS COMMENCING: 15/9, 6/10, 17/11, 8/12

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

MAIN ONE

Pork Burger with

Potato Balls and

Salad Sticks

Broccoli, Mixed Bean

and Cauliflower Bake

with Wedges and Peas

Jacket Potatoes

served daily with a selection of fillings

Chocolate Cookie

JACKET POTATO

TWO

DESSERT



SCAN THE OR CODE FOR UP-TO-DATE ALLERGEN INFORMATION Cheesy Chicken Pasta

Bake with Broccoli

Pot

Chinese Style Vegetable Toad in and Bean Noodles with Broccoli Carrot

Jacket Potatoes served daily with a selection of fillings

Toffee Banan<u>a Cake</u>

Devon Roast Pork and Gravy with Roast Potatoes, Carrots and Fine Green Beans

Vegetarian Sausage Toad in the Hole with Roast Potatoes, Carrots and Fine Green Beans

Jacket Potatoes served daily with a selection of fillings

Melon and Orange Wedges Devon Beef Chilli with White and Wholegrain Rice, Tortilla Chips and Sweetcorn

Tomato and Mozzarella Pasta Bake with Sweetcorn

Jacket Potatoes served daily with a selection of fillings

Meringue Topped Strawberry Mousse Breaded Fish with Chips and Baked Beans FRESH FRUIT AVAILABLE DAILY

Vegetable Fajita with Chips and Baked Beans

Jacket Potatoes served daily with a selection of fillings

> Blueberry and Apple Cake

We are pleased to offer a variety of allergen free options on our food menu. Although all tood prepared in a kitchen that handles most allergens and therefore we can all guarantee that are contamination will never occur, we do take every possible precaution to prevent this from happen

