

King Ina Church of England Academy

PE Curriculum Overview Statement

Our curriculum approach to PE reflects our vision statement:

Within our secure Christian environment, our vision is to develop healthy, happy, motivated learners who aspire to achieve their full potential and who look to the future with confidence.

The name of the current curriculum lead is on the school website on the curriculum page.

Intent

At King Ina Academy we recognise the importance PE plays in the curriculum and how it can help to establish strong mental, emotional and social skills and moral values. We aim to deliver a high-quality physical education programme which provides opportunities for pupils to become physically confident in a way which supports a healthy and active lifestyle and allows them to develop resilience, confidence and independence. The PE curriculum is planned to be enjoyable and enable pupils to progress towards future learning. Pupils begin by developing core movement and basic physical competencies and become increasingly capable and confident in their ability. As the children progress we aim to give them opportunities to compete in sport and other activities in order to build character and help to embed life-long values such as co-operation, collaboration, working in a team, leadership and fair play. Our intention is to provide a positive influence for the children which will allow them to move into secondary and further education with a lifelong love of sport and a healthy attitude towards exercise and physical fitness.

Implementation

- At King Ina, we use the PE Hub resource for all our classes from reception to end of Key Stage 2. Lesson plans are based on the National Curriculum and its programme of study and ensure that progress is made and that skills are revisited and built on. Differentiation and challenges are part of each lesson and the plans enable our teachers to provide fun, engaging lessons for the children.
- All our children have two hours of high quality PE lessons a week and are also encouraged to participate in a variety of extra-curricular activities. These include lunch time clubs and after school clubs in a range of different sports.
- The PE Co-ordinator ensures that the school is well stocked with the required equipment to support the delivery of a high quality PE and sports programme and that planning resources are communicated to staff. Training in the use of new resources and lesson support is provided by the PE Co-ordinator and CPD is given through external courses such as swimming.
- Intra-school competition is provided through a wide range of house tournaments – football, netball, tag rugby, athletics, cross country, cricket and rounders.
- Inter-school sporting opportunities are provided through a comprehensive programme of activities within our CLP, working closely with Huish Academy Secondary School who host and run many events. These enable the children to participate in competitive sports and develop their teamwork and leadership skills.
- Swimming lessons are provided for all children in Key Stage 2 with the aim that by the end of Year 6 the children are able to swim 25 metres.
- Year 6 children are invited to become Sports Captains for the school. They develop into sporting role models for the younger children and they assist with and lead lunchtime clubs, officiate at house events and run Key Stage 1 sports festivals. This helps to develop their leadership skills and the children have a great pride in this role.
- Links with local community clubs and organisations are strengthened and developed – e.g. Somerton RFC – through club members running sessions for the children. Children are encouraged to join these local clubs to further their opportunity for sport and physical fitness.
- The profile of sport at King Ina is promoted through the school website, notice boards, half-termly sports newsletters and celebration of achievement in our Achievement Assembly.

Impact

Our curriculum provides the children at King Ina with a progression journey from development of fundamental skills to being able to participate confidently in a range of sports and activities which also assist in developing teamwork and leadership skills. Our children are physically active, and this has a positive impact on their learning in the classroom. They understand how to lead a healthy lifestyle and understand the importance of regular exercise. We aspire for our children to enjoy PE and develop a love of sport and physical activity which becomes part of their future life outside of primary school.