



## Information Session for Parents, Carers and School Staff

We are pleased to be able to offer these sessions again this academic year and hope that the later start time is more convenient. Parents, carers, governors and school staff will all find it useful. Please book your place online via the individual links provided.

### **Behaviour Management Techniques** with Family Solutions Somerset

**Date:** Monday, 15<sup>th</sup> January 2024

**Time:** Starting at 6pm with an estimated end time of 7:30pm

**Venue:** Room H1, Huish Sixth building, Huish Episcopi Academy, Langport, TA10 9SS

### **A whistle stop tour of some parenting techniques and strategies to use with your children aged 2-18.**

We will be looking at the following principles that underpin all areas of parenting (and relationships) whatever the age.

- Emotion Coaching, being able to label our emotions- CBT/Behaviour Curve
- Brain development and how it affects children
- 3 Key questions to help with behaviour management
- Supporters – who can support you?
- Focusing on what really matters – basket exercise
- Social Learning Theory – new behaviours can be learnt by observing and imitating others (bandura)

The session will be fully collaborative, and we will be open to conversations and listening to your own techniques which have been successful.

To book a place to attend this session please visit: <https://forms.gle/ghkCJj4cV85Vo54MA>

## **Online Safety & Social Media** with Amy Brittan, SC Education Technology Advisor

**Date:** Monday, 18<sup>th</sup> March 2024

**Time:** Starting at 6pm with an estimated end time of 7:30pm

**Venue:** Room H1, Huish Sixth building, Huish Episcopi Academy, Langport, TA10 9SS

New technologies inspire children to be creative, communicate and learn. But with the digital world changing all the time, how can you make sure your child's staying safe?

This session will provide parents/guardians/carers with information to support their children to enjoy technology safely and responsibly. You will have the opportunity to think about what you want to do to protect your family and to equip them for their future.

To book a place to attend this session please visit: <https://forms.gle/rRKLwzbh2ay226DM6>

## **Child Exploitation by County Lines** with Escapeline

**Date:** Monday, 20<sup>th</sup> May 2024

**Time:** Starting at 6pm with an estimated end time of 7:30pm

**Venue:** Room H1, Huish Sixth building, Huish Episcopi Academy, Langport, TA10 9SS

**Child Exploitation by County Lines** - In the South West of the UK, including all areas of Somerset, there is a significant rise in county lines drug crime, whereby a large amount of young people as young as **6 years old**, are being criminally and sexually exploited by gangs. County lines are illegal business models, in which drug gangs expand their operations from their big city bases, such as London, Birmingham and Liverpool, to smaller cities, towns, coastal and rural areas across Britain. These gangs use their power and position to groom, recruit and exploit children and young people for the purpose of criminal gain.

These gangs proactively recruit young people to drug run in and around the South West, as well as outside the area. The gangs and criminal networks use extreme violence and intimidation towards these young people, which result in these young people feeling trapped and scared. Some of these gangs are forcing vulnerable children from their homes to be trafficked to other parts of the country. As well as criminal exploitation, young people, both girls and boys, are also being sexually exploited by these gangs.

This session will raise awareness of the signs of Child Exploitation by County Lines and guide you in teaching children and young people about healthy relationships.

To book a place to attend this session please visit: <https://forms.gle/YVj1EpvbRqJKQzoF8>