

## ALLERGEN LIST

Allergens in food served by our kitchen are marked with an 'x'.

	Gluten	Milk	Soya	Eggs	Celery	Nuts	Sulphites	Mustard	Fish	Sesame
<b>Main Meals</b>										
Beef Chilli										
Macaroni Cheese	X	X								
Macaroni Cheese and Bacon	X	X								
Battered Fish	X								x	
Fish Cake	X								X	
Big Breakfast	x	x		X						
Burger in a Bun	x		x							
Mackerel									x	
Five-Bean Chilli				X						
Chicken Burger	x				x					
Chicken Nuggets	X				x					
Chicken Korma		x					X	x		
Chicken Tikka		x					x	x		
Cottage Pie	X	x								
Fish Fingers	x								X	
King Ina Fried Chicken	X									
Cauliflower And Broccoli Bake	X	X								
Meatballs, Pasta and Tomato Sauce	x		x				x			
Cheese and Potato Pie		x								
Pasta Bake	x	x								
Pasta Bolognese	X									
Pitta Bread Pizza	x	x								x
Veggie Bolognese	x			X						
Veggie Cottage/Shepherd's Pie		X		X						
Veggie Korma/Tikka Masala		x		X			x	x		
Veggie Sausages	x				x					
Veggie Fajitas	x									
Sausage	x		x							
Sausage rolls	x	x	x	X						
Veggie Breakfast	x	x		X	x					
Veggie Burger	x									
Veggie Nuggets	x									
<b>Sides</b>										
Hash Browns										
Naan Bread	X									
Pasta Hoops	X									
Pitta Bread	x									
Seasoned Wedges/Curly Fries	x									
Yorkshire Pudding	X	X		X						
<b>Desserts</b>										
Angel Delight		X								
Cookie	X	X		X						
Ice Cream		X	X			x				
Jelly							x			
Brownies	X	x		X						
Yoghurt		x								
Fruit cake, Pear Sponge, Muffins	x			X						