

Christmas Chocolate & Vanilla Flavour Ice Cream

Christmas Chocolate & Vanilla Flavour Ice Cream

Prep: 00:00

Cook: 00:00



Portions: 1 Portion weight: **80.00g** Portion cost: **£0.29**

Pricing

Dish cost:	£0.29
Retail price inc VAT:	£0.00
Retail price exc VAT:	£0.00
Profit:	£-0.29
Calculated gross profit:	-



Ingredients

Item	Qty	Cost
Christmas Chocolate & Vanilla Flavour Ice Cream	1.00 Portion (80.00g)	£0.29
• Christmas Chocolate & Vanilla Flavour Ice Cream Pot (CHR-CUP)	80.00 ml	

£0.29

Allergens

Milk  (Christmas Chocolate & Vanilla Flavour Ice Cream Pot)

May contain

No allergens present

Nutrients	Portion	100g
Energy	120.00kcal	150.00kcal
Salt	0.11g	0.14g
Fat	6.08g	7.60g
Saturated fat	4.00g	5.00g
Carbohydrate	14.40g	18.00g
Sugar	13.60g	17.00g
Protein	1.84g	2.30g
Fibre	0.51g	0.64g

Adults need around 2000 kcal a day

Method

Christmas Chocolate & Vanilla Flavour Ice Cream

Prep: 00:00

Cook: 00:00

Portions: 10

Portion weight: 80.00g

Portion cost: £0.29




Ingredients

Item	Qty	Cost
Christmas Chocolate & Vanilla Flavour Ice Cream Pot (CHR-CUP)	800.00 ml	£2.91
		£2.90



Allergens

Milk 

(Christmas Chocolate & Vanilla Flavour Ice Cream Pot)

May contain

No allergens present

Nutrients	Portion	100g
Energy	120.00kcal	150.00kcal
Salt	0.11g	0.14g
Fat	6.08g	7.60g
Saturated fat	4.00g	5.00g
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